Study program: Special education and rehabilitation, module Prevention and treatment of behavioral disorders

Type and level of studies: Master academic studies

Title of the subject: Individual and group work

Lecturer: Žunić-Pavlović P. Vesna

Course status: Elective course of the module

ECTS: 6

**Prerequisites:** No prerequisites

**Aim:** Introduction to the origin, developmental trends and perspectives of fundamental theoretical orientations in individual and group work. Understanding the basic concepts, functions, characteristics and implementation methods of different models. Critical consideration of the strengths and limitations of models in contemporary practice. Developing necessary competences and skills to provide professional assistance and support to individuals and groups and further professional development. Training for tracking innovations and research results and independent research work in this field.

**Outcomes:** Students will gain knowledge of theoretical orientations and models in individual and group work; be able to recognize and explain the differences between various orientations and models; be familiar with the implications of different orientations and models for assessment and treatment; be able to critically interpret the opportunities and limitations of the given models in accordance to the users characteristics and needs; understand the meaning and importance of systematic monitoring and evaluation of the process and outcomes of individual and group work; gain knowledge and skills needed for research work in this field.

# Content

### Lectures:

1) Theoretical foundations of individual and group work: analytical, behavioral, existential-humanistic, systemic family, cognitive and integrative approach; 2) Practice of individual work: models, implementation domains, users, principles, goals, processes, relations and techniques; 3) Practice of group work: models, application areas, users, principles, goals, processes, relations and techniques; 4) Research on individual and group work: principles, types, goals and methods.

#### Practical work:

1) Analysis of the results of empirical studies on individual and group work; 2) Observing and participating in various forms of individual and group work that are applied in social welfare, educational and health institutions; 3) Conducting a small-scale research projects in pairs or small groups.

## Literature

- 1. Srna, J. (2012). *Psihoterapija i savetovanje: teorija, praksa i istraživanje*. Beograd: Zavod za udžbenike. ISBN 978-86-17-18057-5
- Stakić, Đ., Milovanović, M. (1991). Metode socijalnog rada. Beograd: DP Stručna knjiga. ISBN 86-419-0099-3
- 3. Stojnov, D., Jevremović, P., Stanković, I., Opalić, P., Radonjić, J., Kostić, M., ... Popović, V. (2000). *Psihoterapije*. Beograd: Zavod za udžbenike i nastavna sredstva. ISBN 86-17-08096-5

Number of active classes per week 4	Lecture: 2	Practical work: 2
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# **Teaching methods:**

Lectures, practical work, consultation, seminars, discussions, research work in small groups, individual practical work

Evaluation of knowledge (maximum score 100)				
Pre obligations	Score	Final exam	Score	
activites during the lectures	15	written or oral exam	50	
practical teaching	15			
midterm(s)	/			
seminars	20			